

## Sage Pesto

This is a great spread for chicken breasts or to brush onto fish before poaching.

1/2 c. sage leaves

1/2 T. pine nuts

1 clove garlic

1/4 t. salt

1/8 t. black pepper

1/2 T. olive oil

1 T. parmesan cheese, freshly grated

Puree all ingredients except for the parmesan cheese. Once well-blended stir in the parmesan cheese.

*Adapted from Delicious Living publication*