

Simple Sautés

#1 Garlic scapes, green onions, and turnips sautéed in toasted sesame oil. Wilt arugula in 1/4 cup of white wine. Pile on top of brown rice. ****Kid Approved****

Recipe from Sweet Top Member Christine Jones

#2 Garlic scapes, green onions, and chopped radishes sautéed in olive oil and butter. Add arugula or chard and stir until wilted.

#3 Chop napa cabbage and pac choi in thin strips. Sauté in sesame oil until wilted. Add garlic scapes and cook until fragrant. Add tamari (soy sauce) and cider vinegar to taste.