
WELCOME
to the
2013 CSA Season



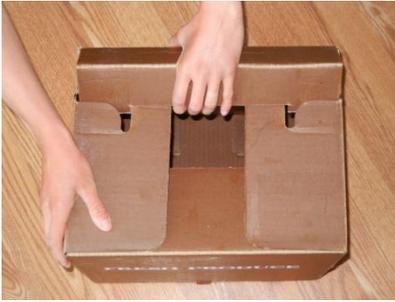
General Information about your CSA Box

1. **The CSA Box:** Each week (or every other week), your CSA share comes packed in a waxy cardboard box. Inside you will find your produce. Typically, we harvest and wash your vegetables on Wednesday mornings and deliver to you Wednesday between 3:30 and 6:00 p.m. so that you receive the freshest produce possible. If you have been assigned a drop site, please plan on picking up your box no later than 7 p.m. unless you have discussed this with your drop site host. It is important that you promptly care for your vegetables by washing them if possible and then putting them in the refrigerator (many vegetables are best stored in plastic bags or containers to maintain freshness). Often, we will provide storage tips in the newsletter.
2. **Return your box to us!** Do not recycle or throw away your box. We reuse them throughout the season which saves us money and resources, and your cooperation is much appreciated. On page two of this letter you will find specific instructions on how to take apart your box. This will also be posted on our website under "Newsletters". We find that it is best to bring your own bags to the drop site, unload your vegetables, and leave your flattened box behind in a designated location. Occasionally, you will receive vegetables such as sugar snap peas and green beans in a cloth bag (handmade by Megan's Grandma Joan) or pulp pint container. Please return the cloth bags to us as we reuse these too.
3. **Newsletters:** Each week, you will receive a newsletter by e-mail that details the contents of the box and includes news about the farm and recipes to try out with your vegetables. There might also be important notices pertaining to the CSA, so it is important to read the newsletter every week. You will also find the newsletter on our website.
4. **Going out of town?** We will still pack your box UNLESS you e-mail or call us at least *two days* in advance and ask us not to deliver your box. In that case, we will donate the contents of your box to a local food shelf. Otherwise, you are welcome to have a friend or neighbor pick up your box at your delivery location.
5. **Farm Visits:** We hope all of you will visit the farm at some point during the season to see where your food is grown. You are welcome to come out for a tour of the farm or to spend some time working with us. Please call or e-mail us to set up a time to visit. We will schedule one or two events during the season that you are encouraged to attend not only to see the farm but also to meet the community of people that support Sweet Top Farm.

Please feel free to contact us at any time during the season if you have questions or comments. We are delighted to have you as a member of Sweet Top Farm and thank you for supporting small local farmers.

-Adam and Megan Greeson

How to Open & Flatten Your CSA Box (Without Ripping It)



TO OPEN YOUR BOX: Squeeze the top flap so that it bends at the fold and slips out of the slots it is fitted into. Do not pull up on the top flap without squeezing. Pulling will rip and weaken the box.



TO FLATTEN THE BOX: Stand the box upside down. **SQUEEZE** the box end flaps back so it bends at the fold and gently slides out of the slots. Be careful not to pull up on the center tab; it will rip the flaps and damage the box making it unusable.



Repeat on other side. Lift all box flaps up, so the box can be flattened.

By properly opening and flattening your box, you help keep our costs down by allowing us to reuse these boxes many times throughout the season. Thank you for your help!