

Sesame Kale Salad

From your box: kale

Other Ingredients: sesame oil, tamari, cider vinegar

Wash kale and tear leaves off of stems into bite sized pieces. In a bowl, whisk together 1 tablespoon sesame oil, 1 tablespoon tamari (soy sauce), and 1 teaspoon cider vinegar. Add the kale and using your hands, massage the dressing into the kale until the kale darkens and reduces in size. This recipe turned us on to kale and makes eating raw kale quite delightful.